

Be Safe, Healthy and Happy



200m breast stroke Commonwealth gold medallist Adam Whitehead came to visit. We learnt about the need for resilience and determination if you want to achieve

I use a Growth Mindset to achieve my goals.

Aspirational

I feel calmer after meditating.



We teach a mindfulness based PSHE curriculum. There are many times in the day when we take a mindful break or use the techniques to help us notice our feelings and the world around us.

Mr Wolf's pancakes were yummy! I was proud of myself for making them.



Resilient

Confident

Through hands on experiences we build our confidence and learn how to be safe in life outside of school.