



# Greenhill Newsletter

Take a look at the suggestion from our Health Ambassadors on self-care and how to support your own mental health.

Why don't you try...



## Greenhill News

Thank you so much to all the families that attended our Winter Fayre on Thursday. It was lovely to see so many of you enjoying the atmosphere. We are please to announce we have raised £514! This will be put towards school funds. Mr Hughes has promised to price match this so that the school council can revamp class reading areas with new books.

We sent out this week the calendar for the rest of the year. Further detail will be sent to relevant classes inviting you to the events we have on. My coffee morning is next Tuesday, please sign up on School Spider, we have maths discussion planned and the Kitchen will have some food for us to taste!

## Reminders

**Wednesday 11th Christmas Dinner/Party day- wear your festive or colourful clothing!**



Whole School Attendance

**90.09%**

Our **ATTENDANCE HEROES** this week were:

Week Beginning: 2nd December 2024

U3 am – 85.33%	U3 pm – 78.33%
Nursery am– 89.52%	Nursery pm – 79.17%
Inclusion Hub – 86.17%	
Class 1 – 83.87%	Class 2 – 75.67%
Class 3 – 81.67%	Class 4 – 92.33%
Class 5 – 97.67%	Class 6 – 84%
Class 7 – 96.67%	Class 8 – 89.03%
Class 9 – 92.67%	Class 10 – 97.33%
Class 11 – 93.1%	Class 12 – 95.67%
Class 13 – 97.33%	Class 14 – 94%





# Greenhill's Stars!



U3 am - Ayyub for doing some brilliant maths sorting #expert learner	U3 pm - Zaiyaan for his great building skills. #expert learner
Nursery am – Irhaa for always joining in at carpet time and trying her best #ExpertLearner	Nursery pm - Ismail for always being a super friend to all in Nursery #BeRespectful
Class 1 - Maryam for always trying her best and giving 100%. #expertlearner	Class 2 – Jannah for always trying her best and giving 100%. #expertlearner
Class 3 – Sufyaan for amazing DT learning! #expertlearner	Class 4 – Sara for being resilient with her shape learning #expertlearner
Class 5 - Adam for his fantastic attitude to learning and always trying his best. #Beworkwise	Class 6 - Alysa for trying hard with her learning. #workwise
Class 7 – Safaa for her kindness and care for others. # Be safe, healthy & happy	Class 8 - Dawud for being an expert learner in PSHE this week.
Class 9 - Shakeela for great progress in her attitude towards learning and becoming workwise!	Class 10 – Ismail for showing great progress in his attitude towards learning. Well done! #workwise
Class 11 – Rahma-for her positive attitude to all of her learning. #workwise	Class 12 – Sama for her excellent effort in our practice for the Christmas Show. #Be a performer
Class 13 – Farhan-for his continued effort and focus in Maths. #workwise	Class 14 – Halima for her fabulous attitude to all of her learning. #Be an expert learner.
Inclusion hub – Jacob for super work in maths and perservering with a problem.	

## This week's learning... by 'Class 11' and 'Class 12'

Have a look on **Class 11's** Blog to see the learning they have been doing this week...



Have a look on **Class 12's** Blog to see the learning they have been doing this week...





## Our Health Ambassadors say:

Keep moving and keep active for a '**Healthy Me**' this Autumn. We've got lots of activities and competitions with other school, not mentioning dinner and breaktime opportunities: (thank you Sports Leaders!)

*Lads and Girls yr3/4 and 5/6 Football at Hathershaw, intraschool minileagues here at Greenhill and Athletics tournaments to name a few. We also have Harmony Trust mixed Football competitions AND Cross Country for all years at Alexandra Park and Archery competitions! Wow!*

We will also have our regular Gary's football (including after school football), Mr Van Deursen's Games and Miss Mia's Dance Curriculum sessions as well as your teacher lead class PE lessons and afterschool active clubs.

(...<https://www.youthsporttrust.org/resources/physical-challenges-for-kids/60-second-physical-activity-challenges>)

Look at the above link for more ideas!

AND... Daily Mile!

And...and... simply playing outside with family and friends

**So many opportunities, take part, keep moving!**



#OACoaching #believeachievesucceed #beaperformer



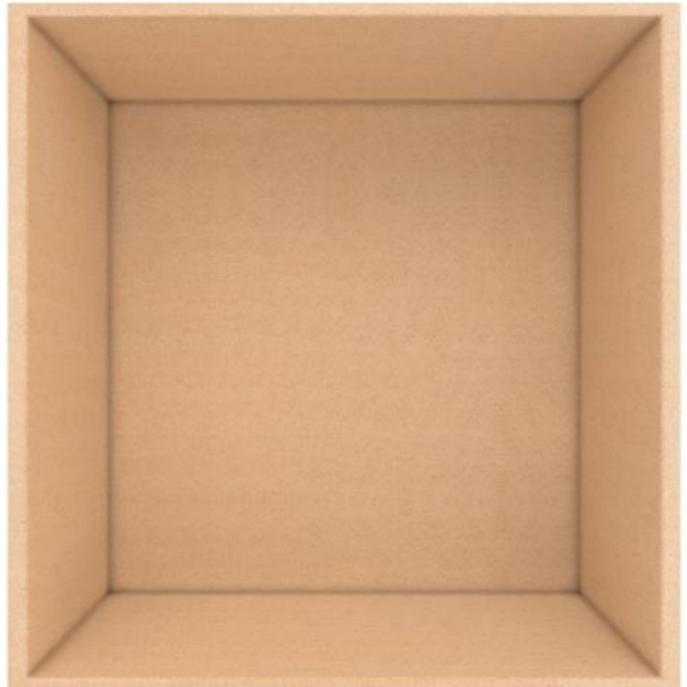
# SELF CARE BOX



A self care box can help a child feel safe, relaxed and grounded. The box should contain items that are fun to touch, see, listen to, taste, smell or move about. Playing with these objects will help stimulate their senses. It can help them learn how to notice, name and manage their emotions.

**Draw or write what you would like in your self care box.**

Examples: Things to organise or count (pebbles, coins, buttons), puzzles, fidget toys, slime, bubbles, feathers, playdough, scented pens, favourite song, hand creams, mindfulness cards, 5 minute exercise break.



# My Self Care Plan



Oldham  
active  
coaching



Things I can do to care for my  
body...

Physical Self Care

Things I can do to relax my  
mind...

Mental Self Care

Things that make me feel  
good....



Emotional Self Care

Things I like to do with other  
people....



Social Self Care

One new thing I would like  
to try....

Spiritual Self Care